

GUIDE TO LEARNING

Learning something new can be daunting, so set yourself up for success by considering what and how you'll learn.

TYPES OF LEARNING

TECHNICAL: Necessary to complete a specific task or responsibility. Will become obsolete with time.

NON-TECHNICAL: Makes you valuable in anything you do. Never becomes obsolete.



IDENTIFYING LEARNING RESOURCES

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Before you begin, consider how you will primarily be learning. Make a list of all the available resources, and evaluate which you would prefer to use. Do you thrive with personalized guidance and accountability? Or, does flexibility matter more when considering your daily work?

Types of resources

Consider the different types of resources available to you.

These are some examples:

- Publicly available
- Specially available
- Past work product
- Individuals who can teach you in a class or 1:1
- Learning by doing

Styles of learning

ASSISTED

SELF-DIRECTED

INFORMATION → KNOWLEDGE

TECHNIQUE → SKILL

PERSPECTIVE → WISDOM