

AVOID THESE 5 BAD ATTITUDES AT WORK

BE AWARE OF HOW YOU FEEL ON THE INSIDE, BUT
CONTROL YOUR ACTIONS ON THE OUTSIDE

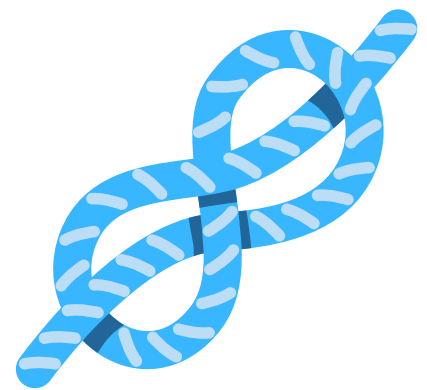
THE PORCUPINE

The porcupine says, "Get away from me!" They express themselves in a way that tells others they want to be left alone. That could be with words, with body language, or with anything in-between.



THE ENTANGLER

Entanglers wants others to be caught up in the entangler's personal issues—at work or otherwise. They want others to notice, listen to, and engage them about the things bothering them.



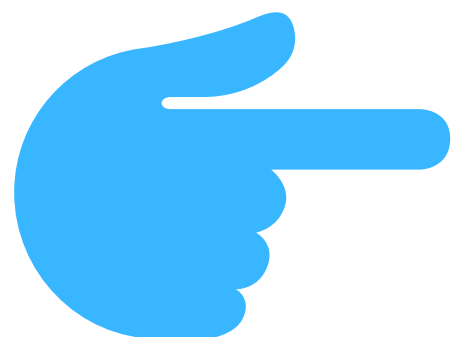
THE COMPLAINER

Complainers do exactly as it sounds—they complain. But more than that, they usually point out all the negatives of any given situation without providing any alternatives or solutions.



THE BLAMER

Blamers are a lot like complainers. They point out everything negative—things that are going wrong or have gone wrong—and point the finger of blame at specific individuals.



THE STINK BOMB THROWER

Stink bomb throwers at work are usually the people who are known for making sarcastic, off-hand comments in meetings or during presentations. They deal with negative situations by making others feel bad.

